



**Kaihoe o Ngāti Rēhia Pre Nationals**  
**Saturday 6<sup>th</sup> January 2024**  
**Lake Manuwai, Waipapa**  
**Kaihoe o Ngāti Rēhia Trust – Waka Ama Club**  
**Pānui**

**EVENT SUMMARY**

*Tēnā koutou e ngā tini whanaunga,*

*Kaihoe o Ngāti Rēhia are proud to present another Pre Nationals regatta and you are all invited. Our pre nationals regatta gives our whānau the chance to get those race plans and race strategies on point, but also the opportunity to whakawhanaunga.*

*Come have some fun, have some laughs and have a last minute hit out on the water as we all gear up for the Aotearoa Sprint Nationals kicking off the following weekend.*

**EVENT SCHEDULE**

<b>8.00am</b>	Registration, waka drop off
<b>9.00am</b>	Karakia
<b>9.15am</b>	Race & safety briefings
<b>9.30am</b>	Racing starts
<b>2.00pm</b>	Racing finishes
<b>2.15pm</b>	Closing Karakia

**RACE SCHEDULE**

<b>Time</b>	<b>Race</b>
9.15am	Race Briefing - all races
9.30am	Race Start (if not earlier)
	W6 3000m Blow Out The Cobwebs
	W1 3000m Blow Out The Cobwebs
	W6 500m Straights
	Race Start - W6 10km Junior
	Race Start - W6 10km Senior

**RACE DAY INFORMATION**

**Car Parking:** Parking is available in the reserve on site. Please note NO parking in the lake driveway. The parking wardens will instruct where to park, please keep the driveway clear.

**Trailer parking:** Trailer parking will be in front of the shed, as per normal.

**Food:** We encourage you to bring your own healthy kai.

**Toilets:** Toilets are located at the far end of the driveway, by the shed past the main registration tent.

**First Aid:** First Aid will be available at the registration tent, via main driveway.



**Rubbish/Recycling:** We encourage you to please take what you bring. However, there will be rubbish bags located on site.

**Alcohol/Smokefree:** Alcohol, smoking, vaping and any other substance use is not permitted at this event, including all premises of the event.

### WAKA DROP OFF & SAFETY CHECKS

**Waka Drop off:**

- Waka drop off will be available from 7.00am on the event day.
- Waka drop off will be down the right of the drive, by the shed.
- Trailer parking is in the same place as drop, please be aware of your surroundings and park side by side.

**Safety Checks:**

- All waka will have to pass a safety check and be marked before racing. Any boats not marked will not be permitted to race.

### RACE RULES

All entrants must be familiar with the Waka Ama New Zealand race and safety rules. Refer to the following link for more information: [Waka Ama NZ Race Rules](#)

### AGE DIVISIONS & RACE EVENTS

WAKA	DISTANCE	DIVISIONS	GENDER
W6	3000m	J16, J19, Open, Master, Senior Master, Golden Master, M70s	Men, Women, Mixed
W1	3000m	J16, J19, Open, Master, Senior Master, Golden Master, M70s	Boys, Girls, Men, Women
W6	500m	Int, J16, J19, Open, Master, Senior Master, Golden Master, M70s	Boys, Girls, Men, Women, Mixed
W6	250m	Taitamariki	Boys, Girls, Mixed
W6	500m Turn	Intermediate	Boys, Girls, Mixed
W1	500m	Int, J16, J19, Open, Master, Senior Master, Golden Master, M70s	Boys, Girls, Men, Women
W6	1000m Turn	J16, J19, Open, Master, Senior Master, Golden Master, M70s	Boys, Girls, Men, Women

### FEES

PER PERSON BY AGE DIVISION (charged <i>one fee</i> according to age on race day)	
Age Division	Cost
Taitamariki	Gold Coin
Intermediate	\$5
J16 and above	\$10

### ONLINE ENTRIES & PAYMENT

- Online entries are to be completed using the Waka Ama NZ online entry system.
- All entries to be completed through your club admin – contact your club admin to process your entry.
- No entries on the day, no exceptions
- Entries close on **2<sup>nd</sup> January 2024**
- Rosters close on **3<sup>rd</sup> January 2024**, rosters must be completed by close date, no exceptions
- Once entered, payment can be made online to:
  - Kaihoe o Ngati Rehia Trust
  - 12-3091-0219174-00
  - Use your club, team name and division as your reference

### SAFETY REQUIREMENTS

- All waka must be Safety Checked
- All taitamariki and intermediate age divisions must wear life jackets
- All Junior (J16 & J19) and Senior (Open and above) must have the following safety equipment for their races:
  - PFD - Personal Floatation Device (per person)
  - Bailers
  - Flare or cellphone in waterproof case
  - Spare Paddle - 2 for a W6, 1 for W1/2
  - Spray Skirt (W6)
  - Tow Rope (W6)
  - Leg leash (for sit on top W1)

### INDIVIDUAL & TEAM WAIVERS

- Individual and Team waivers must be completed by all paddlers/teams
- All paddlers U18 must have their waiver signed by their parent/guardian
- Waivers can be sent to [kaihoengatirehia@gmail.com](mailto:kaihoengatirehia@gmail.com) or handed in at the managers meeting on the day
- Individual & Team waivers can be found on our event page on the Waka Ama NZ website
- <https://wakaama.co.nz/racecalendar/lookup/2209>

### CONTACT INFORMATION

- All enquiries please email: [kaihoengatirehia@gmail.com](mailto:kaihoengatirehia@gmail.com)
- All urgent matters please call: Sophia Thomas **0272405490**
- Facebook: <https://www.facebook.com/groups/156538157714816>

### COURSE MAPS

